



PRESENTATION TOPICS

Continuing Education Offerings – Nurses & Social Workers
1.0 contact hours unless noted*

Revised June, 2022

CONTINUING EDUCATION OFFERINGS

Please choose 3 classes - Presenters are not available on certain days and times.

Implicit Bias 1.0 Hour Credits – Presenter available days & evenings

Course Description: This seminar will focus on implicit bias or the unconscious bias which can affect patient health care. The main purpose of this event is to help the participant recognize implicit bias in themselves. There will be a discussion of what implicit bias is and how and why it is created in all human beings. There will also be a presentation of the steps involved in modifying implicit bias and consistently applying that modification to health care situations.

Ethical Awareness 1.0 Credit - Presenter available only evenings

Course Description: This workshop is on Ethical Awareness, we will discuss definition, ethical behavior, understanding ethical standards and practice examples. Learning Objectives: What does it mean to be ethically aware? Behavior and character traits consistent with being ethical; NASW code of Ethics; Nursing code of Ethics

Ethics & Documentation 1.0 Credit – Presenter available only evenings

Course Description: Participants will be able to define documentation, identify at least two principles of documentation and understand the balance between documentation and confidentiality.

Ethical Considerations in Healthcare Practice - 1.0- & 2.0-Hours Presenter available days and evenings.

Course Description: Attendees will acknowledge an increase in their competence to address ethical situations in healthcare.

Human Trafficking Awareness and Reporting in the Clinical Setting– 1.0, 1.5 or 2.0 CE Credits – Presenter is not available on Tuesdays.

Course Description: Participants will learn what human trafficking is and the warning signs a victim may exhibit. They will also learn how to properly interview a human trafficking victim and report their findings.

Caregiving Survival 1.0 credit – Presenter available evenings and days

Course Description: An enthusiastic delivery of the steps needed to survive the stress of caregiving.

Advance Care Planning: Removing the Barriers! - 1.0 credit - Presenter available some days and evenings.

Course Description: This course will identify the differences between Durable Power of Attorney, Guardianship, and Conservatorship, view different documents that are associated with each for easier identification/ to verify validity. Participants will have the opportunity to share fears and concerns, myths will be dispelled and they will have the opportunity to practice how to use what they have learned in this course in their own practice and/or personal lives.

Food or Foe: The Importance of Whole Food Nutrition - 1.0 credit – Presenter available some days and evenings.

Course Description: Nutrition plays a critical role in well-being. In this interactive workshop attendees will engage in dialog to bust the myths and learn what is causing degeneration, the importance of whole foods, and the necessity for detoxification. Featuring recent research on nutrition, the link to psychological disorders and resources needed to achieve optimum wellness.

Violence in the Workplace - 1.0 Credit * Presenter available evenings only.

Course Description: We will discuss definition, warning signs, ways to prevent violence in the workplace and post incident coping.

Drug and Alcohol Problems in the Aging Population 1.0 Credit - Presenter available days and evenings

Course Description: With so much attention to the opioid epidemic on youth and families, little attention is given to the older adults. This Program will explore issues unique to the aging population, such as: How alcohol, medications, other drugs can impact an older person physically, emotionally, psychologically, and socially; The continuum from “no problems, to use that could cause risks, to hazardous use, to addiction; The negative impact of stigma, stereotyping, and shame; The positive impact of support, education, treatment, and recovery.

Balance and Fall Prevention Screening for Healthcare Professionals - 1.0 Presenter is available Evenings only

Course Description: Participants will increase their knowledge of the anatomy and physiology of balance, assessment of fall risks, and the use of balance tests in preventing falls.

Funeral Director Unplugged: An Open Casket Discussions - 1.0 Presenter is available evenings and days

Course Description: An unplugged discussion focusing on the funeral profession and the inner workings of death care and the funeral profession. This workshop will further explore how the funeral professionals are very closely connected to the healthcare community in many ways. Our real/unedited approach exploring death and its inner workings will leave you and your colleagues better prepared to help families make death care decisions in the time of need or crisis.



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The Elderly & The Law - Understanding VA Benefits, Medicaid Planning & Advanced Directives – Presenter available days and evenings 1.0 credit hour – NHA credits not available

Course Description: This program will offer social workers the opportunity to learn the current laws affecting the elderly and will give them the legal tools and strategies they will need in the field of geriatrics in order to assist clients and patients.

Using Yoga and Mindful Meditation to Combat Stress in Workplace – Presenter available days and evenings 1.0 credit hour

Course Description: This course will provide theoretical and experiential information on the therapeutic benefits of regular yoga practice. The course will cover the neuro-physiological mechanisms in the Para-Sympathetic Nervous System, as well as brain centers that are activated by Yoga poses and breath practices.

Burnout vs Depression in Healthcare Professionals – 1.0 Presenter available days and evenings.

Course Description: This seminar that will help professionals understand the difference between professional burnout and depression. The specific characteristics of burnout as a special type of work-related stress will be discussed. The typical characteristics of depression will also be presented. The distinction between professional burnout and depression will be explained. Burnout and depression as they relate to nurses, physicians and social workers will be presented. Participants will be introduced to various treatment methods for both depression and burnout.

Grasping Dementia 1.0 – Presenter available days and evenings.

Course Description: The content will review ways to manage behaviors associated with dementia and the aging process. Ultimately, the participant will be given tools to assist them in their role as a professional caregiver.

Caring for the LGBTQ Patients with Dignity – 1.0 Presenter available evenings and some days.

Course Description: This seminar will focus on the appropriate care of LGBTQ clients. The basic vocabulary for the LGBTQ community will be explained. The historical and modern history of this community will be explored. The creation of a dignified and safe healthcare space for LGBTQ clients will be discussed.

Understanding Elder Abuse – 1.0 Hour Presenter available days and evenings.

Course Description: In this seminar, participants will learn about elder abuse and its consequences. The types of elder abuse will be discussed. Possible intervention techniques will be reviewed. Finally, a safe non-self-harm program will be introduced.

Recognizing the Many Faces of Pain – 1.0 Hour Presenter available most days and evenings – This presentation is accredited for 1.0 on Pain.

Course Description: This seminar will focus on the complex concept of pain. The many different types of pain will be explored. Traditional pain management will be discussed, as well as new approaches to managing pain.

From 'Distress' to 'De-stress' With Stress Management 1.0 – Presenter available days & evenings only

Course Description: This class will focus on stress in the health care workplace. Participants will be introduced to the technique of DE catastrophizing events. They will become familiar with "the worst case scenario" principle as well as how likely that scenario is to occur. They will also learn ways to cope with the worst-case scenario should it occur.

Anxiety Disorders: Beyond Behavioral and Medication Treatments 1.0 – Presenter available days & evenings only

Course Description: This class will focus on helping patients deal with anxiety. The types of anxiety will be discussed. The screening tools used to identify anxiety will be presented. There will also be an explanation of the Zung Scale for Anxiety. Finally, there will be a discussion of how to help patients with anxiety.

Post-Traumatic Stress Disorder (PTSD) Is More Than A Bad Story 1.0 – Presenter available days & evenings

Course Description: This class focuses on post-traumatic stress disorder. PTSD will be defined and its symptoms will be presented. There will be a discussion of the treatment modalities for PTSD. Finally, participants will engage in a group exercise focused on self-treatment of PTSD symptoms.

Understanding Medicaid & Long-Term Care Benefits 1.0 Hour Credits – Presenter available days & evenings

Course Description: This seminar focuses on Medicaid and the Medicaid Long Term Care program. Both of these programs will be explained with the qualifications for each reviewed. There will be a discussion of estate planning and asset protection in addition, long term care cost will be reviewed and examined in depth.

Knocking out Pain: Management and Assessment 1.0 Hour Credits – Presenter available days & evenings



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Course Description: This seminar focuses on pain in patients, both acute and chronic. Participants will be introduced to advanced pain assessment using various pain scales. Appropriate treatment of both acute and chronic pain will be discussed. The use of non-pharmacologic treatments will be presented. The nuances of pain control in special populations such as children and the elderly will be described. The current opioid epidemic in the US will also be discussed.